

This month we are  
Featuring:  
**Winter Vegetables**



**Featured Day**  
**1/24**

These are just some of  
the farm partners we  
would like to thank:

The Walker Farm  
Lilac Ridge Farm  
The Dutton Farm  
The Miller Farm  
Four Corners Farm  
Green Mountain  
Orchards  
Harlow Orchards  
True North Granola  
Grafton Village Cheese  
Gleason Grains  
Champlain Orchards  
Maple Meadow Farms



**Local Squash**

See The Different Ways Squash  
is on the Menu.

Monday 1/2/12	Tuesday 1/3/12	Wednesday 1/4/12	Thursday 1/5/12	Friday 1/6/12
	<b>Calypso Cruise</b> <b>Caribbean Jerk</b> <b>Chicken Tenders</b> <b>Roasted Butternut Squash</b> <b>Jamaican Me Crazy</b> <b>Corn Bread</b> <b>Pineapple Tidbits</b>	<b>That's Italian</b> Spaghetti & Meatballs w/Homemade Marinara Garden Salad Garlic Bread Fresh Orange Wedges	<b>Asian Action Station</b> Kung Pao Chicken Stir Fried Rice Mixed Vegetables Fresh Mac Apple	<b>Winter Soup, Sandwich &amp; Salad</b> Homemade Corn & Ham Chowder Grilled Cheese Sandwich Green Salad Fruit Cocktail
Monday 1/9/12	Tuesday 1/10/12	Wednesday 1/11/12	Thursday 1/12/12	Friday 1/13/12
<b>North End Delight</b> Chicken Parmigian w/Pasta Marinara Garlic Bread Peaches	<b>All American</b> Baked Meatloaf Mashed Potatoes Dinner Roll Green Beans Gingerbread w/Topping	<b>Pasta Ala Cheese</b> Baked Macaroni and Cheese Parmesan Roll Caesar Salad Steamed Broccoli Fruit Crisp	<b>Fiesta Ole'</b> Beef & Cheese Burritos Fiesta Rice Mexicali Corn Salsa Pears	<b>Down East</b> Fishwich w/Cheese on a Bun Roasted Potato Wedges Creamy Coleslaw Mac Apple
Monday 1/16/12	Tuesday 1/17/12	Wednesday 1/18/12	Thursday 1/19/12	Friday 1/20/12
<b>Spanish Cuisine</b> Twin Beef Tacos w/ The Works Spanish Rice Sweet Corn Fresh Assorted Fruit	<b>Burger Bar</b> Build Your Own Burger on a Bun Seasoned Rice Tossed Green Salad Peaches 'n Cream	<b>Saturday Supper</b> Creamy Chicken & Noodles <b>Mashed Butternut Squash</b> Honey Wheat Roll Blueberry Cobbler	<b>Brunch For Lunch</b> French Toast w/Syrup Ham Steak Hash Brown Potatoes Veggie Sticks/Dip Mac Apple	<b>Diner Days</b> Hot Open Face Turkey Sandwich Oven Fries Green Peas Jellied Cranberries Warm Chunky Applesauce
Monday 1/23/12	Tuesday 1/24/12	Wednesday 1/25/12	Thursday 1/26/12	Friday 1/27/12
<b>CLOSED</b>	<b>The "Roastery"</b> Baked Rotisserie Chicken <b>Roasted Winter Vegetables</b> Smashed Potatoes Honey Wheat Roll Strawberry Shortcake	<b>Northern Italy</b> Baked Beefy Mac Garlic Wheat Roll Caesar Salad Fruit Crisp	<b>Winter Warmer</b> Turkey Pot Pie w/ Biscuit Topping Mashed Sweet Potatoes Sweet Green Peas Warmed Spiced Peaches	<b>Singapore Sweet!</b> Sweet & Sour Pork Vegetable Lo Mein Spicy Green Beans Fruit Cocktail
Monday 1/30/12	Tuesday 1/31/12			
<b>World Classic Build It Bar</b> Build Your Own Hot Dog in a Bun Oven Fries Garden Salad Pears	<b>Pollo Ole'</b> Chicken Fajita w/ All Your Favorite Toppings Fiesta Rice Corn Roasted Salsa Mac Apple		<b>Farm Fresh Milk is Served with Every Meal.</b>	<b>"This institution is an equal opportunity provider."</b>



Any questions or Comments, Please  
contact your Food Service Director  
Larry Lane @ 877-2938

Café Services is a Proud Sponsor of the VT Farm to  
School Project. We buy Local First.



Don't forget to visit  
our Stations!

\* **Downtown Deli**

Offering Made To  
Order Sandwiches

\* **Market Fresh Salads**

These Are Delicious, Fresh &  
Served w/Rolls

\* **Pizza Specials**

Whole Wheat Pizza Dough  
Topped With Low Fat Cheese  
& Toppings!

\* **Express Grab-n-Go Hot Sandwiches**

**ALL MEALS ARE SERVED  
WITH NUTRITIOUS SIDES  
AND FARM FRESH MILK**