



## Farm Fresh Focus

Eating habits among school children are just that.....

**Habits.** Patterns that develop during childhood create behaviors that a person will adopt for the rest of his/her life. Café Services believes strongly that an increased presence of fresh fruits and vegetables into a student's diet establish lifelong eating habits that promote healthier lifestyles.

**Farm Fresh Focus** – Every month our menus feature locally grown products that not only enhance our fresh fruits and vegetable offerings, but also supports local farmers and producers. The product that is selected to be featured is highlighted on our menus, and that product is sampled by students in all the schools we serve. Additionally, we provide interesting facts to help educate students about the products they are sampling. Our goal here is to support local farmers, provide students with the opportunity to taste foods they may not otherwise have the opportunity to sample, and reinforce fresh fruits and vegetables as well as excellent eating habits.



Fresh Picks Café™ - Nutritious and fresh, every day.™